

Max WhitlockFrom Wikipedia, the free encyclopediaJump to: navigation, search **X7256/1**

Max Whitlock

Nickname(s) Maxi

Country represented Great Britain

Born (1993-01-13) 13 January 1993 (age 19)

Hemel Hempstead

Hometown Hemel Hempstead

Height 167 cm

Weight 56 kg

Discipline Men's artistic gymnastics

Club South Essex

Head coach(es) Scott Hann

Medal record[hide]Competitor for United Kingdom

Artistic Gymnastics

Olympic Games

Bronze 2012 London Team

Bronze 2012 London Pommel horse

European Championships

Gold 2012 Montpellier Team

Commonwealth Games

Competitor for England

Silver 2010 Delhi Team

Silver 2010 Delhi Pommel Horse

Bronze 2010 Delhi Horizontal Bar

Max Whitlock (born 13 January 1993) is an English gymnast from Hemel Hempstead, Hertfordshire. In 2012, he was part of the first British men's gymnastics team to become the European Championships and the first British men's team to win a medal at an Olympic games in 100 years.

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[edit] Senior CareerIn October 2010 he was part of the team which won the silver medal for England in the gymnastics in the men's artistic all-around team event at the 2010 Commonwealth Games.[1] He also won the silver medal in the men's pommel horse and a bronze medal in the men's horizontal bar at the same games.[2][3]

He was an alternate for the British men's team at the 2011 World Artistic Gymnastics Championships in Tokyo, Japan.

In 2012, he helped the British men's team qualify to the 2012 Summer Olympics in first place at the London Prepares Olympic test event giving clean routines on all six events, and scoring the highest on pommel horse beating his teammate Louis Smith.[4] He went on to win a silver medal in the Pommel Horse final behind Louis Smith[5] beating world silver medallist Cyril Tommasone.

In May, he was part of the team that won Gold in the European Championships in Montpellier. This was the first time the British men's team had won a Team Gold, beating both Russia and Romania[6]. He also qualified for the Pommel Horse final, where he finished in 6th place[7].

[edit] 2012 Summer Olympics Whitlock was a member of Britain's gymnastics team at the 2012 Summer Olympics in London, where he helped the team claim a bronze medal at the team final on 30th July 2012 at the North Greenwich Arena. This was the first time the men's team had won a medal since 1912. He also claimed the bronze medal in the pommel event final, once again beating the 2011 world silver medallist, Cyril Tommasone.[8]

[edit] References 1.^ "Essex pair Whitlock and Lawrence hail 'amazing' silver". BBC News. 5 October 2010. [http://news.bbc.co.uk/sport1/hi/commonwealth\\_games/delhi\\_2010/9063577.stm](http://news.bbc.co.uk/sport1/hi/commonwealth_games/delhi_2010/9063577.stm).

2.^ "Commonwealth Games 2010: Imogen Cairns wins vault gold". 7 October 2010. <http://www.londonwired.co.uk/news.php/96920-Commonwealth-Games-2010-Imogen-Cairns-wins-vault-gold>.

3.^ "Commonwealth Games 2010: Folwell & Cairns win golds". BBC News. 8 October 2010. [http://news.bbc.co.uk/sport1/hi/commonwealth\\_games/delhi\\_2010/9074330.stm](http://news.bbc.co.uk/sport1/hi/commonwealth_games/delhi_2010/9074330.stm).

4.^ [http://www.echo-news.co.uk/sport/9468962.Max\\_can\\_start\\_dreaming\\_of\\_Olympics\\_spot/](http://www.echo-news.co.uk/sport/9468962.Max_can_start_dreaming_of_Olympics_spot/)

5.^ <http://news.bbc.co.uk/sport1/hi/gymnastics/16538978.stm> BBC Sport 12 Jan 2012 Louis Smith and Dan Purvis win gold at Olympic test event

6.^

<http://www.telegraph.co.uk/sport/olympics/gymnastics/9294308/London-2012-Olympics-Great-Britain-men-win-first-ever-team-gold-at-the-European-Gymnastics-Championships.html>

7.^ FIG Profile Max Whitlock <http://fig.lx2.sportcentric.com/athletes/14488>

8.^ {{cite, with a score of 15.600, with Hungary's Krisztián Berki taking gold with the same score as Whitlock's GB team mate Louis Smith, but winning the gold on account of a higher execution rating. news|url=[http://www.bbc.co.uk/sport/0/olympics/18906623%7Ctitle=Olympic gymnastics: bronze for GB as Japan win silver on appeal](http://www.bbc.co.uk/sport/0/olympics/18906623%7Ctitle=Olympic%20gymnastics%3A%20bronze%20for%20GB%20as%20Japan%20win%20silver%20on%20appeal)|date=30th July 2012|work=BBC News|accessdate=30 July 2012}}

[edit] External links Max Whitlock at Fédération Internationale de Gymnastique

Persondata

Name Whitlock, Max

Alternative names

Short description English gymnast

Date of birth 13 January 1993

Place of birth Hemel Hempstead

Date of death

Place of death

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This biographical article related to artistic gymnastics is a stub. You can help Wikipedia by expanding it.

Essex pair Whitlock and Lawrence hail 'amazing' silver

Whitlock (left) and Lawrence both train in Basildon

South Essex Gymnastics Club's Max Whitlock and Danny Lawrence say they were stunned to claim team silver with England in artistic gymnastics.

The pair helped their country to a second-place finish in Delhi.

"It's amazing, we all wanted a medal and we're really happy with silver," 17-year-old Whitlock told BBC Sport.

Lawrence, 26, added: "To come second is absolutely amazing, I'm so happy for the guys, we've all been working so hard for it."

England finished Monday's competition on 256.750 points, falling just short of gold medal winners Australia's 259.050-point haul.

I was really nervous, I just wanted get a clean routine for the team

Max Whitlock

"We carried a couple of falls, Australia were always going to be difficult to beat, they're an amazing team," said Lawrence.

"To be two marks behind while carrying falls, it's a shame but I think we've got to be happy with the silver."

Whitlock, who will compete in Wednesday's all-round final, put in an impressive performance to finish top of the rankings in the pommel horse discipline.

"I was really nervous, I just wanted get a clean routine for the team," he said.

"I'm happy with that because it's one of my highest scores ever."